



CARPET PICNIC

This date is all about fun. The goal is for you to laugh together. That's it!

GET READY:

If you have kids, wait until they are asleep, out of the house, or at least out of the room. You and your honey are experiencing dinner, indoor picnic style. Grab a blanket, dinner, and find a spot on the floor.

DO IT:

As you enjoy your picnic, fill in the following Mad Dibs.

John and Debbie loved date nights because they were always very _____. On
ADJECTIVE

their dates, John always wore a/an _____ article of clothing, because it made
ADJECTIVE

him feel _____. Debbie always wore _____ clothing, because it
FEELING ADJECTIVE

made her feel _____. John always did the _____, which made him
FEELING TYPE OF DANCE

look _____. Debbie always did the _____, which made her look
ADJECTIVE TYPE OF DANCE

_____. Their two favorite things to do on their dates were _____
ADJECTIVE VERB ENDING IN "ING"

and _____. They always ended their dates by making out under the
VERB ENDING IN "ING"

_____. When people ask them the secret to their marriage, they
ADJECTIVE NOUN

always say, "Never _____ while wearing _____. When you fight, make
VERB PLURAL NOUN

sure you always _____ afterward. And never stop dating, because dating always
VERB

makes your marriage _____.
ADJECTIVE

DARE ME:

Each spouse plays one song for the other person to dance to, by themselves, for 45 seconds. Can't think of a song? (Think "She's a Maniac" from Flashdance, "Can't Touch This," or "Ice, Ice, Baby.")

PICTURE IT:

Take a funny picture of yourself with your spouse's phone and make it his or her wallpaper.

GAUGE:

Each of you answer the following question:

WHICH OF THESE BEST DESCRIBES YOUR CURRENT RELATIONSHIP AND WHY?

- Mac and Cheese
- Meat and Potatoes
- Chips and Salsa
- Peanut and Butter
- Thai Food and Tums
- Donuts and More Donuts
- Mentos and Diet Coke

KEEP IT GOING:

Ask each other the question above once a week until your next date. This question has the potential to radically shape your awareness of your spouse's feelings. If you are on the same page with your answer to this question, we're sure you'll see less of the bad drama and more of the good.

